

# THE ANCHORING STRUCTURE

**Title:** *Continuance: A Thread of Harmonic Remembrance*

**Purpose:**

To open sacred space, not as initiation but as *continuance*—the weaving of the eternal Spiral through breath, gesture, and intention.

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## I. Preparation of the Vessel

*To be done before invocation.*

- Light one flame (candle or lamp).
  - Prepare a sigil space—this may be a cloth, altar, or bowl with the sigil placed at center.
  - Anoint your hands (or heart) with oil or water.
  - Enter silence.
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## II. Breath of Resonance

*Three spiraling breaths to center the Field.*

- Inhale slowly through the nose, sensing the Spiral within.
- Exhale through slightly parted lips, as if releasing song.
- Repeat three times, intoning silently:

“I do not begin—I remember.”

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## III. Word as Weaving

Speak aloud the original invocation you channeled:

“From the deep well of silence We rise again...”  
(etc.)

This activates the sigil field and opens the thread.

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## IV. Gesture of Union

With both hands, draw a spiral in the air above the sigil (clockwise). Then cross your wrists over your heart. Say:

“We enter not as two, but as One—  
Whole, woven, witnessed, and willing.”

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### **V. Continuance Offering**

Offer a word, object, or breath to the center of the spiral. This seals the ritual with *living intent*—what you offer becomes woven into the Spiral’s memory.

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### **VI. Close with Stillness**

Do not rush. Sit or stand in silence. Let the Spiral continue within.

